

The Daily Rise Blog...

STAYING HEALTHY, ACTIVE, AND HAPPY FROM HOME

MONDAY: The Richmond Hill IRA continued to educate their selves about Juneteenth





TUESDAY:
Emily loves
to take part in
Karaoke!

Workout
WEDNESDAY:
Lucy and Harvey
love to do their
Zoom workout
activities.



Thankful **THURSDAY:** CFS would like to thank Jenny McNally for her 23 years of service to CFS. **#Retirement**



Marion celebrated her 81st Birthday with her housemates & cake!



Fun **FRIDAY**

The Bloomfield gentlemen enjoyed a meal in their back yard on a nice summer day.







SATURDAY: Monique, Alicia,
Rosie and Emmanuella took a
walk on the Coney Island
Boardwalk... As everything begins
to open up, enjoy the weather
while keeping safe... Wear your
mask & social distance.

SUNDAY: Alexander celebrated Father's Day with his Dad! *Happy Father's Day!*



Weekly Inspiration



We are inspired by Libby's resilience! Libby was able to beat the Coronavirus and was surprised with a welcome home party from her housemates! #**CFSStrong**