

For the week of May 30th—June 1st, The Innovative Planning Department presents...



# The Daily Rise Blog...

## STAYING HEALTHY, ACTIVE, AND HAPPY FROM HOME



**MONDAY:**  
Newton enjoys cooking traditional Jamaican recipes and introducing them to his house-mates



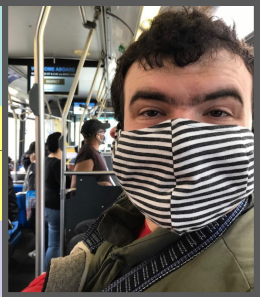
**TUESDAY:**  
The Underhill Ladies went to the Self-Service Car Wash before they went to the River Run Community Garden.



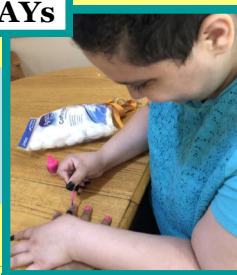
**WEDNESDAY:**  
Anthony and his DSP make sure to always follow safety guidelines while enjoying the community



Thankful  
**THURSDAY:**  
Oscar donated blood to help those in need!



Although the nail salons are closed, Rosie paints her own nails



Crystal also enjoys giving out manicures to anyone in need.

### Fun FRIDAYS

### SATURDAY



### Another NJ Challenge

Elmwood Park won the Back yard cook out challenge. Thanks to DSP Quiana & staff



Kent enjoyed painting in the park !

**SUNDAY**  
What are you doing in the warm weather?  
#HelloJune



Glen enjoyed painting in the park !



**WEEKLY Inspiration:**  
Sandra from Elmwood Park returned from the hospital and was surprised with a Welcome Home Party !  
#NJStrong



**Here is an Inspirational Poem written by the poetry club:**  
Love is caring, Love is sharing, Love is supporting, Love is beautiful.  
Holding us together, making us feel wonderful, bonding as one is what we have done.  
Connecting together is power, giving us passion and strength.  
One day at a time, encouraging us until the end.

**“Hope is the Only Thing Stronger than Fear”**

