For the week of June 6th—June 12th, The Innovative Planning Department presents.

The Daily Rise Blog...

STAYING HEALTHY, ACTIVE, AND HAPPY FROM HOME

MONDAY:

Vanessa has been staying fit by keeping up her routine of riding her bicycle.



Thankful THURSDAY:



The Nutley Ladies want to say Thank You to all essential workers

Wasiq is thankful for the mask that was donated to him.



SATURDAY



his long awaited day outside in. He is happy to be in his community. He is working on Social Distancing.



TUESDAY: Chris from

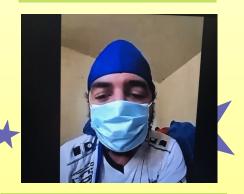
Bloomfield enjoys keeping

groomed!



Walking WEDNESDAY: The Teaneck Fellas enjoyed a lovely walk in the park while keeping safe with their masks.

Weekly Inspiration



Joseph attends "Keep It Moving" workshops and enjoys talking about the new norm of having to wear masks and following safety guidelines before he returns to work at Banana Republic.

"We are only as strong as we are united"

#CFSStrong

Chandler enjoyed



SUNDAY

Jhonathan celebrated his birthday with a delicious cake.

Master Chef Lucy has been trying out new recipes to feed her housemates