



The Daily Rise Blog...

"STAYING HEALTHY, ACTIVE, AND HAPPY FROM HOME"



MONDAY: Harvey and his staff, Gregory cleaned up the yard in preparation for the nice weather.

TUESDAY: Janiece and her DSP Faria make it their duty to get up and get dressed



WEDNESDAY: Teaneck crew connect through arts & crafts with Janet, Alex, & Quiana



Thankful **THURSDAY:** The ladies at Twain PI enjoyed the day in the sun by getting their garden started

"To nurture a garden is to feed not just the body, *but the soul*".



FRIDAY Celebrations: Mildred and Nedra celebrated their birthdays together

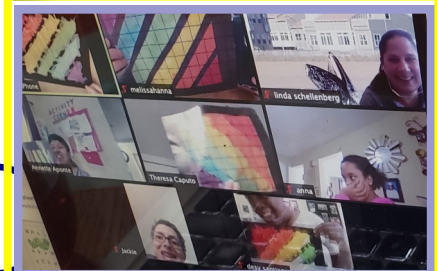
Kieran has a message for everyone : **SMILE**



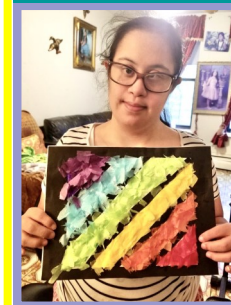
SATURDAY: Sunset IRA had a Spa Day. Everyone enjoyed the sugar scrub made by DSP Deana. Erica and Nathan pampered everyone.



SUNDAY: Theresa made a "hand"made Mother's Day card during the Advocacy group on Zoom



Weekly Inspiration



Jasmin along with other workshop attendees created Rainbows to symbolize hope... There is Light at the end of the rainbow !